

A PART *of* THE NOVA SCOTIA MUSEUM

# Balmoral Grist Mill



Treat your senses! Escape to a picturesque mill that's been grinding grain since 1874. Smell the oats, toasted in the Scottish tradition. Taste the flavour of all-natural oatmeal. Stroll along a forest trail or picnic beside the mill pond.

*June - October*

*Balmoral Mills 902 657 3016  
gristmill.museum.gov.ns.ca*