

Sea Kayaking Adventures

Along Cape Breton's Coasts

Sea kayaking is a great way to experience the outdoors, with ocean air in your lungs and the sun on your face. Seabirds, marine life and shoreline habitat are accessible in a whole new way.



We take pride in providing a memorable experience for our guests, young and young-at-heart. We have introduced people aged 2 to 87 years of age to kayaking. No experience is necessary on most of our offerings, only an interest in the outdoors. Instruction is provided to you by your guides during your time with us.



All meals during our trips are prepared fresh on the beach by your guides, with local seafood and other treats. You will be impressed by our creations from out of a kayak! Dietary needs can be accommodated.



Rising Tide Expeditions is located on Cape Breton Island's beautiful and storied Southeast Coast.

From the Mi'kmaq to the Vikings, Basques, Portuguese, Acadians, Spanish, British and Scots, this island has been traveled by many over untold thousands of years. Join us for an unforgettable outdoor experience. You will understand why they came - and you won't want to leave!

Rising Tide Education

Sea State 0

Our one-day 'basics' sea kayaking course includes lunch and equipment. *Paddle Canada Flatwater Kayak* certification is available. Price: \$135.

Dates: July 5, 19, 26, August 2, 30, September 13.

Sea State 1

Our two-day course is an opportunity to practice and develop your paddling ability, seamanship and rescue skills necessary to travel safely on the water. Includes lunches and equipment. Local accommodation available. *Paddle Canada Sea Kayaking Level 1* is available.

Price: \$300. Dates: June 7-8, August 9-10.

Sea State 2

This in-depth 4½ -day course builds on your experience to enable you to explore the coastline in your sea kayak. It includes an overnight outing and focuses on knowledge and proficiency. Meals are provided, local accommodation available. *Paddle Canada Sea Kayaking Level 1* or equivalent is a prerequisite; *Paddle Canada Sea Kayaking Level 2* certification is available.

Price: \$895. Dates: June 20-23.

Sea State 3

This intensive 5-day course involves risk assessment and leadership components. Your previous skill and experience will be applied to more challenging coastal conditions and changing situations. A multi-day trip is part of this course. *Paddle Canada Sea Kayaking Level 2* or equivalent is a prerequisite; *Paddle Canada Level 3* certification is available. Meals are provided, local accommodation available.

Price: \$950. Dates: September 5-9.

Sea State 1-3 courses offered with Committed 2 the Core Coaching - www.committed2thecore.com



Special Events

Check our website for special events: Rolling, Outdoor Cooking, Rescue Practice, Navigation, Double Trouble, Winter/Spring Pool Events and Women-Only Offerings.

Rising Tide Expeditions Sea Kayaking Adventures Along Cape Breton's Coasts

We are located in the beautiful fishing village of **Gabarus, Cape Breton, Nova Scotia, Canada**. Rising Tide Expeditions offers sea kayaking adventures and education in various locations on Cape Breton Island. Please contact us or check our website for travel information.



What to bring

We provide the kayak and equipment for your paddling experience. For half- and day-long excursions we suggest that you wear clothing and footwear in which you would be comfortable should they get wet, sun and rain protection, and a change of clothes for the end of the day. For classes and overnight trips, we will provide a list of suggested clothing and equipment.

Reservations

Please call or email for more information on any of our offerings, custom expeditions and instruction, reservations and our cancellation policy. If our dates do not fit your travel plans, we will try to accommodate you when possible.



Note - Travel on the ocean is, by its nature, an activity through which you may be exposed to unforeseen conditions and events. Participants do so at their own risk and will be required to sign a waiver. Itineraries are subject to change.

www.RisingTideExpeditions.ca

info@risingtideexpeditions.ca

Local phone 902.884.2884

Toll-free 1.877.884.2884

Rising Tide Expeditions 2008



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Quick Trips

½-Day Gabarus Bay

Half-day paddling trips can be arranged each day at 9:00 am or 1:00 pm in beautiful Gabarus Bay, with tasty snacks, basic instruction and a guided outing. Price: \$65/ person. Daily June-September.

1-Day Gabarus Bay

Day-long paddling trips in Gabarus Bay can be arranged daily at 9:00 am. Snacks, instruction and specially-made lunch on the beach are included in this guided experience. Price: \$105/ person. Daily June-September.



Ask us about paddling Historic Louisbourg

2-Day Gabarus Bay

We are pleased to offer an overnight paddling trip in Gabarus Bay, perfect for those who are short on time or experience and would like to try our hospitality on an overnight camping trip. Price: \$285/ person. Dates: July 19-20, 26-27, August 9-10, 30-31.



Storied Coast Expeditions

Gabarus- Louisbourg Coast- 3 Days

This 3-day trip is a great introduction to sea kayak travel, getting away from it all without getting too far away. We visit an abandoned fishing village, a wilderness protected area, and the historic Fortress of Louisbourg. Price: \$525. Dates: July 21-23, August 1-3, 11-13, 22-24, Sept 1-3. All-women trips July 11-13 August 25-27.

Gabarus to Main-a-Dieu-5 Days

Guests on our 5-day Storied Coast Expedition leave the fishing village of Gabarus and travel the shores of southeast Cape Breton. Our visits include abandoned fishing outposts, protected wilderness areas and the reconstructed Fortress of Louisbourg, once the French crown jewel of this coast. Price: \$895. Dates: July 7-11, 21-25, August 11-15, 25-29.

Expeditions

Highland Hearts Expedition

Cape Breton Highlands- 5 Days

Our Highland Hearts Expedition guests paddle along the resplendent cliffs and otherwise-inaccessible beaches of the renowned Cape Breton Highlands. Whale sightings are a frequent occurrence and the scenery is breathtaking. This coast is more demanding than that of our other trips and previous experience is recommended. Price: \$895. Dates: July 28-August 1, August 4-8.



Acadian Shores Expedition

Isle Madame- 5 Days

Our Acadian Shores Expedition explores the headlands and bays of Isle Madame, one of the remaining Acadian enclaves of Cape Breton Island. We then paddle through the St. Peter's Canal into the Bras d'Or Lakes – Cape Breton's Inland Sea – and visit Mi'kmaq first nation lands that have been designated a National Historic Site. Price: \$895. Dates: July 14-18, August 18-22.



About Us

Our guides are trained and experienced in sea kayaking and outdoor travel, as well as fluent in the human and natural histories of our paddling areas. We would love to introduce you to the land, the sea and the stories of Cape Breton Island.

No prior experience is required for most of our offerings. Please contact us for further information.

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Inn-based Trips

Acadian Shores Base Camp- 4 Days

Our Acadian Shores Base Camp offering makes you equally at home by day in your kayak on the coastline of Isle Madame and by night in the well-appointed cabins. We travel where the weather and our will takes us, in order to experience the highlights of the surrounding areas. Price: \$895. Dates: September 15-18.

Acadian Shores Traveler- 5 Days

This option has you traveling with light kayaks and light hearts as we enjoy Isle Madame and area and the hospitality offered by accommodations in several communities along the coast. Price: \$1095. Dates: September 26-30.



Call us at 902.884.2884 or toll-free 1.877.884.2884

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